

Light and Simple Salad

Prep Time: 5 minutes

Yield: 4-6 servings

Ingredients:

4-6 large handfuls of mesclun salad mix

1/4 cup roasted sunflower or pumpkin seeds

6 red radishes, thinly sliced

Directions:

1. Toss all ingredients.
2. Serve with the dressing of your choice.

Variations:

Add grated carrot, thinly sliced cucumber or celery.